



St. Norbert of Xanten
Founder of the Norbertines

The Premonstratensians or White Canons or Norbertines, are a Roman Catholic religious order founded by St. Norbert of Xanten in 1120 AD. The Norbertines are the fifth oldest surviving order in the Catholic church and was founded to bring about renewal in the clergy by bridging the gap between monastic life and clerical life.

The Norbertine life is characterized by the ideal of *communio*. The canons live together in communion and draw strength from their common life dedicated to prayer. The Norbertines live a life of both contemplative prayer and action by serving the needs of the church.

The Norbertines take vows of poverty, chastity and obedience to an abbot and live in Abbeys on all five continents. Life within the Norbertine Abbeys may vary by location, but at the center of every Norbertine Community is a commitment to sung communal prayer, meals together and work outside of the Abbey supporting the local church community.



Order of Canons Regular of
 Prémontré
 Candidus et Canonicus Ordo
 Praemonstratensis

August 2024

Pre 1955 Traditional Roman Catholic Calendar



Denotes full abstinence



Denotes partial abstinence

The color of the vestments for the day is indicated by the color of the date (white vestments are black numbers)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|--|---|--|
| | | | | 1 St. Peters Chains Commemoration of the Holy Macabees Martyrs | 2  Saint Alphonsus Mary de Ligouri Bishop, Confessor and Doctor of the Church Commemoration of St. Stephen I Pope and Martyr | 3 Finding of the body of St. Stephen the first Martyr |
| 4 11th Sunday after Pentecost Saint Dominic Confessor | 5 Dedication of Church of Our Lady of the Snow | 6 Transfiguration of our Lord St. Xystus II and Company | 7 Saint Cajetan Confessor Commemoration of St. Donatus Bishop and Martyr | 8 St Cyriacus & company | 9  Vigil of Saint Lawrence Martyr Commemoration of St. Romanus Martyr | 10 Saint Lawrence Martyr |
| 11 12th Sunday after Pentecost Commemoration of SS. Tiburtius and Susanna (Virgin) Martyrs | 12 Saint Clare Virgin | 13 Commemoration of SS. Hippolytus and Cassian Martyrs | 14 Vigil of the Assumption of the BVM St. Eusebius | 15 HOLY DAY OF OBLIGATION THE ASSUMPTION OF THE BLESSED VIRGIN MARY | 16  Saint Joachim, Father of the Blessed Virgin Mary Confessor | 17 Saint Hyacinth Confessor |
| 18 13th Sunday after Pentecost Commemoration of St Agapitus Martyr | 19 Saint John Eudes Confessor | 20 Saint Bernard Abbot, Confessor and Doctor of the Church | 21 Saint Jane Frances Fremiot de Chantal Widow | 22 The Immaculate Heart of the Blessed Virgin Mary Commemoration of St. Timothy and Companions Martyrs | 23  Saint Philip Benizi Confessor | 24 Saint Bartholomew Apostle |
| 25 14th Sunday after Pentecost Saint Louis King, Confessor | 26 Commemoration of St. Zephyrinus Pope and Martyr | 27 Saint Joseph Calasancius Confessor | 28 Saint Augustine Bishop, Confessor and Doctor of the Church Commemoration of St. Hermes Martyr | 29 Behheading of Saint John the Baptist Commemoration of St. Sabina Martyr | 30  Saint Rose of Lima Virgin SS. Felix and Adauctus Martyrs | 31 Saint Raymund Nonnatus Confessor |